

## TYCs TRAINING GROUND (EXTENDED ACTING TECHNIQUES) YOUTH THEATRE WORKSHOP PROGRAM

Weekly Sessions:  
Mondays 7.15pm – 8:15pm

Cost Per Term:  
\$180

During TYCs Training Ground (Extended Acting Techniques) Youth Theatre Program participants (12yrs+) will apply their knowledge and understanding of theatre and performance in a safe and creative environment. Students will also further their knowledge, skills and techniques of theatre through training sessions based around theories and exercises from some of the great masters of our time (including but limited to): Sanford Meisner, Konstantin Stanislavski, Rudolf Laban, Cicely Berry, Kristin Linklater, Anne Bogart and Tina Landau.

Students participating in the TYCs Training Ground Program may already be studying drama at school or have previously done so, while some students may be completely new to the theatre world! At TYC our aim is to welcome all and go above and beyond the current Queensland Studies Authority Drama Syllabus Years 11 - 12, the Australian National Curriculum or other exam-driven frameworks. TYC provides students with a practical application of theatre and in this program an opportunity to explore and study character development skills and techniques further in a non-competitive supportive environment that may not be able to be explored at a school classroom level due to time and assessment restrictions. As a Youth Theatre Organisation we are also student-driven, where the creative process is driven by participant's ideas and opinions, and crafted directorially by our experienced workshop practitioners. As students work to explore and increase their knowledge, technique and skills of character development and stage craft they will continue to grow their performance making skills. In conjunction they will build a solid foundation of activities and exercises that they can extend further and utilize, not only in their theatre work but also in areas such as public speaking and presentations. Students will also participate in specific acting master-classes throughout the training program. These include:

- Exploration of techniques and skills developed by Sanford Meisner including exercises such as the "Knock on the Door" and the "Reality of Doing" and other integrated approaches.
- Extension of dramatic practice specifically exploring character development and a sense of realism within a performance space including exploratory exercises and techniques by Konstantin Stanislavski.
- Audition preparation techniques for individuals, as well as daunting interview questions.
- Vocal activities inspired by Cicely Berry and Kristin Linklater to ensure that they speak clearly and accurately on stage while also developing a strong character voice appropriate to their performance work.
- Movement exercises inspired by Rudolf Laban, Anne Bogart and Tina Landau throughout the stage space, ensuring that they understand spatial awareness with other characters, stage locations and body positioning to ensure that all members of the audience can see them. Students will also participate in character movement activities to develop their characters based upon a variety of popular techniques.
- Understanding of sub-textual meaning within scripted dialogue and effective strategies to learn creative dialogue within a group and individual environment.
- Develop strategies for creative thinking and participating in a creative process where their imaginative thoughts onto translated on to the stage.
- Develop self-reflective tools which can be utilized for any performance work and explore the process for giving feedback to others within a positive group environment.
- Through directing discussions explore a variety of dramatic conventions and effects when blocking and rehearsing various scripted works.

During our Training Ground program students will also be identified if they demonstrate directorial abilities for the stage. For further information about TYC Training Ground (Extended Acting Techniques) Theatre Workshop Program please contact us on 4041 4066 or email [info@theyoungcompany.com.au](mailto:info@theyoungcompany.com.au).

<i>Personal Skills Explored</i>		<i>Performance Skills Explored</i>	
- Confidence and Self-Esteem	- Self-evaluation	- Performing for live audience	- Character development skills and techniques ("Bringing your character to life")
- Language and Communication skills	- Critical reflection in positive environment	- Study of theatre styles and conventions	- Realism and believability on stage
- Working within a team environment	- Memory and recall skills	- Acting Methods & Auditioning techniques	- Explore voice & movement techniques
	- Creative thinking		
	- Friendships		